



**Introduction to Sashiko:
 Japanese-Inspired Hand Stitching
 Pepper Cory**

All levels

Friday 9:00 a.m. - 4:00 p.m.

Room #201AB

#16103-F - Embroidery/Embellishment

Join Pepper for a relaxing day of hand stitching as you explore the “zen” side of quilting. This method is stress-free and produces oh-so-beautiful results. Sashiko is the country quilting of Japan, and with its classical blue-and-white color scheme, it is still appealing today. Learn the history of the craft and how you can incorporate sashiko in your own quilts. You’ll leave with a wonderful new skill you’ll want to use again and again.

peppercory.com

Member: \$80 Retail: \$100
 (Plus Kit Fee)

Supplies:

A kit is required and includes: ½ yd. - indigo homespun-weight fabric, stencil, white marking pencil, two thimble alternatives, needle threader, pack of mixed-size sashiko needles, perle cotton, template plastic for afternoon work, and extensive handouts.

Kit Fee: \$25 (payable in class)

Please bring the following items to class:

- (6) made-before-class patchwork blocks - Directions to make blocks before class:
 - Cut (3) 6⅞" squares - dark fabric
 - Cut (3) 6⅞" squares - light Asian-print fabric
 - Cut these squares in half diagonally to make (6) triangles of each fabric type
 - Sew a light triangle to a dark triangle to make a patchwork block
- (1) ½ yd. Asian-theme fabric to cut circles from
- (1) spool thick 40 wt. quilting thread in a contrasting color
- (1) pack of mixed Sharps/Milliners needles - whatever you like to use for appliqué

Irons are provided by Reliable.

Rotary cutters, mats, and 6" x 24" rulers are provided by Havel’s Sewing.